

## BERNINA Embroidery Club – June 2024 Cutwork and Borders Supply List



We will work with two different embroidery techniques in this class. The borders will include freestanding lace as the border stitches beyond the edge of the project. The design portion above the border includes cutwork, where we cut away a part of the project to create an open spot that is partially filled with stitching. The result resembles the old-fashioned art of crocheting with thread on pillowcases, for example.

You may decide on what your project will be. I suggest a tea towel or single layer table runner to get started. Whatever you decide, the edge to be stitched should be a multiple of 6" (e.g. 6", 12", 18", etc.) as the design is approximately 6" wide. This edge can be a little more than a multiple of 6", which would leave some unstitched area on either side. For example, a 20" tea towel would leave 1" unstitched on either side ( $20" - 18" (3 \times 6") = 2"$  which would be split evenly to 1" on either side. That could be acceptable, but much more than an inch might look like the project was not planned well.

Please review this supply list and bring the requested items to class.

### Ideas for project:

- Prepared linen tea towel. Make sure you check the length of the side you will be finishing (see highlighted area above). Note: terry cloth tea towels are not recommended. Hinkletown Sewing has OESD tea towels that are 20" wide, others are available at your local home goods store or on-line.
- Tea towel fabric. The Old Country Store has linen tea towel fabric that is finished on the sides. You would need to hem the ends. They have two sizes. I believe the wider size is the one that would work best, but check the highlighted area above to be sure.
- Create your own by purchasing linen fabric (this allows you to select the width and length you want). The Old Country Store has linen fabric near the back of the store in various colors. If interested, see the included instructions on how to miter your corners as you finish your sides.

Any hemming must be done prior to class. Everyone must wash and dry your fabric prior to class to address shrinkage prior to stitching.

**Stabilizers:**

- OESD AquaMesh Plus. The Plus is a must, as this is a sticky backed stabilizer that will hold the project in the hoop. Bring your roll. You will need a piece for each 6" design that is stitched.

**Isacord Threads** – Be creative. You can stitch both the border and cutwork in the same color, choose one color for the border and a different color for the cutwork, or use variegated thread. All options will produce a nice finished product.

**Bobbin thread** – You will use the same thread in the bobbin as on the top. Bring a full bobbin. The design is stitch intense.

**Needle** – Embroidery or Microtex 80/12.

**Embroidery machine** – bring your machine, module, cords, foot control, etc.

**Feet** - #26 (embroidery)

**Hoop** – Large oval or Midi

**Stitch plate** – Single-hole 0mm (if you have one).

**Other:**

Scissors for thread

Rotary cutter

Ruler

Flash Drive

Tweezers

Fabric marker or pins to mark

Scissors to trim stabilizer

Call or email with questions. Wanda Hertzog-Grant, 717-572-6814 (leave a message if I don't answer) or [wmhgstitches@gmail.com](mailto:wmhgstitches@gmail.com)

## If you purchased linen fabric:

### Advanced preparation on how to miter corners:

1. Wash, dry, and press your fabric.
2. Accurately cut a piece of linen 1  $\frac{3}{4}$ " wider and 1  $\frac{3}{4}$ " longer than you want your finished project.
3. Press  $\frac{3}{8}$ " to the wrong side on all four sides of the fabric.
4. With right sides together, fold the fabric diagonally from a corner. Match-up the ironed edges and lay them on the left of a straight line on your cutting mat. The spot where the  $\frac{3}{8}$ " iron creases meet should be 1" above a cross line on the cutting mat.
5. Place your ruler with the 45-degree line on the ironed edge. Move it toward the point until the edge of the ruler is at the 1" mark (see picture).
6. Draw line along the ruler edge. Line should be perpendicular to the diagonal fold of the fabric and be about  $\frac{5}{8}$ " long. If not, recheck steps 3 – 5.
7. Remove ruler and pin near the line, making sure ironed edges are even.
8. Sew on line, securing at both ends.
9. Repeat steps 3 – 7, for the remaining three corners.
10. Trim the corners to a  $\frac{1}{4}$ " seam.
11. Turn under the  $\frac{3}{8}$ " fold, by pressing a new hem at  $\frac{1}{2}$ ". The corners should work exactly to the  $\frac{1}{2}$ ". Make sure to press accurately.
12. Pin the pressed seam to prevent any shifting.
13. Change stitch length to 2.85.
14. With matching thread in needle and bobbin, stitch on the back side (so you can see the hem). Stitch just inside the hem fold, making sure to plant a stitch in the seam of each corner. With needle down on the corner stitch, rotate the napkin to stitch the next side.
15. Bring hemmed fabric to class to stitch the borders and cutwork.

