

## Nightingale Student Supply List

### Pattern:

*Nightingale* by Brittany Lloyd of Lo and Behold Stitchery

### Fabric Requirements (as listed on pattern):

#### FABRIC REQUIREMENTS

	Baby <i>45" square 3x3 blocks</i>	Small Throw <i>45" x 60" 3x4 blocks</i>	Square Throw <i>60" square 4x4 blocks</i>	Large Throw <i>60" x 75" 4x5 blocks</i>	Queen <i>90" x 105" 6x7 blocks</i>
<b>Color</b>	(9) 1/4 yards or (9) fat quarters or (5) 1/2 yards	(12) 1/4 yards or (12) fat quarters or (6) 1/2 yards	(16) 1/4 yards or (16) fat quarters or (8) 1/2 yards	(20) 1/4 yards or (20) fat quarters or (10) 1/2 yards	(42) 1/4 yards or (42) fat quarters or (21) half yards
<b>Background</b>	1 yard	1-1/4 yard	1-5/8 yards	2 yards	4 yards
<b>Backing</b>	3 yards	3 yards	4 yards	4 yards	8-1/4 yards
<b>Binding</b>	1/2 yard	1/2 yard	1/2 yard	1/2 yard	3/4 yard

### Basic Sewing Kit:

- Fabric Shears
- Patchwork pins
- Thread snips
- Seam ripper
- Machine piecing thread in a neutral color to match your fabrics

### Rotary Cutting Supplies:

- Wing Clipper Ruler by Studio 180
- Omnigrid Invisigrip (cling film to prevent ruler from slipping)
- Bloc Loc Half Square Triangle Ruler, 5-1/2" or larger, OR 5-1/2" or larger square ruler with a diagonal 45 degree line
- Rotary cutter with fresh blade
- Acrylic rulers; I like the following sizes:
  - 6" x 24"
  - 4" x 14"
- Cutting mat: 18" x 24" is a good size

### Additional Supplies:

- Frixion pen or fine tip marking pencil
- 1/2" marking ruler:
  - Creative Grids 15" Seam Guide Tool (my favorite), **OR**
  - Fons and Porter 1/4" Seam Marker, **OR**
  - Studio 180 Quilters Magic Wand, **OR**
  - Omnigrid 4", 6", and 12" Marking Ruler Trio

**Optional Supplies:**

- Woolly Felted Wonders Pressing Bar and Clapper (the 12” size is sufficient), OR The Strip Stick (Both items will allow you to press seams open more easily.)
- Spray starch, Best Press, Flatter, or your favorite starch alternative
- Tailor’s clapper
- Clover Tailor’s Awl
- Sandpaper board or a sheet of fine sandpaper
- Rotating cutting mat

**Sewing Machine, etc.:**

- Sewing machine in working order
- ¼” patchwork foot, if you have
- Sewing machine needles, size 80/12 sharp or universal

**Tips on choosing fabrics (we’ll cover this in class in depth):**

- Use a collection of fat quarters by a designer
- Use a curated bundle from a quilt shop
- Choose your backing fabric, then select coordinating fabrics (my favorite fail-proof method!)
- Choose 2-3 colors, then select fabrics in various shades of those colors
- Or, make it super scrappy! I find it works best to have some sort of color palate to work with to keep it from feeling too chaotic.

**Online Inspiration:** There is a ton of inspiration online as a result of the Nightingale Quilt Along that happened during the spring of 2021!

- Instagram: search under the #Nightingale and #NightingaleQAL hashtags
- Pinterest: search under “Nightingale quilt” or visit my “Quilting – Nightingale” Pinterest board: <https://www.pinterest.com/andreahoke/quilting-nightingale/>

If you are comfortable cutting, go ahead and cut all your fabrics prior to class following the instructions in the pattern. If you are using directional prints, or would prefer some guidance on cutting, feel free to wait and do your cutting in class.

Also, if you have never made flying geese and/or half square triangles before, you may want to bring some scrap fabrics along to make a test block to work out any kinks instead of using the fabrics you have selected for your quilt.

Any questions?? If so, don’t hesitate to contact me!

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