

## Applique Your Way Student Supply List

I am so glad you signed up for the Applique Your Way class! We will be covering four of the most popular methods of applique among today's quilters. After seeing each method demonstrated, you will have the option of choosing which method you prefer, and then you can get started on your project!

### **Fabric Requirements for All Methods:**

- For an 18" pillow:
  - 16-5" squares of background fabric, or the equivalent in yardage
  - 16-5" squares of contrasting fabric for the "peels", or the equivalent in scraps/yardage
- For a quilt in any size you desire: Each single "peel" block finishes at 4-1/2", so you will need enough fabric to cut the desired number of 5" squares for the background squares, and a square of fabric approximately 5" for the "peel" for each block. You can use a single fabric for the background, or make it scrappy. Just make sure you have enough contrast between the background fabric and the "peels".

Be sure to bring extra scrap fabric along if want to trial a few methods before using your project materials.

### **Supplies Required for Each Method:**

Listed below are the supplies you will need for each method. You do not need to bring supplies for every method unless you want to experiment with each one. If you're not sure which method you would like to do, feel free to bring what you have and purchase the remaining supplies after the class demonstration. I will have various supplies for you to experiment with as well.

**1) Freezer Paper and Starch Method (hand or machine stitched):** With this method, the orange peel shape is prepared with freezer paper and spray starch. You then have the option of hand stitching or machine stitching the peels onto the background squares.

- Prep supplies:
  - Freezer paper: Reynolds Freezer Paper or quilter's freezer paper
  - Aerosol spray starch (note - starch alternative products such as Best Press do not work for this method)
  - Watercolor paint brush
  - Fine tip permanent marker
  - Iron
  - Pressing surface
  - Roxanne Glue-Baste-It or applique pins
  - Wooden toothpick
  - One or two layers of fabric to protect your ironing surface

- Stitching supplies:
  - Hand method:
    - Straw or milliner needle, size 11
    - 50 or 80 wt cotton thread
    - Thimble
  - Machine method
    - 50 wt cotton thread or monofilament thread for needle
    - 50 wt cotton thread for bobbin
    - 75/11 machine needle (if using monofilament thread), otherwise an 80/12 needle is fine
    - Tailor's Awl or seam ripper

## 2) Fused Method (machine stitched)

- Lite Steam-a-Seam 2 or Wonder Under (be sure to purchase a product suitable for machine stitching)
- 50 wt cotton thread
- Iron
- Pressing surface
- Pencil or Frixion pen

## 3) Raw Edge Method (machine stitched)

- 50 wt thread
- Frixion pen or fabric marking pen

## 4) Fusible Interfacing Method (hand or machine stitched) - this method can also be done with non-fusible interfacing.

- Fusible option - 906F Fusible Sheerweight or the lightest weight fusible available
- Non-Fusible option - 905 Pellon-Sew in Sheerweight or the lightest weight sew-in available
- Frixion pen or fabric marking pen
- Clover Point 2 Point Turning Tool
- Rotary cutter & mat
- Hand stitching supplies:
  - 50 or 80 wt cotton thread
  - size 11 Straw or Milliner needle
  - thimble
- Machine Stitching supplies:
  - 50 wt cotton thread or monofilament thread for needle
  - 50 wt cotton thread for bobbin
  - 75/11 machine needle (if using monofilament thread). otherwise 80/12 needle is fine
- Roxanne Glue-Baste-It (for non-fusible option)
- Iron
- Pressing surface

Note: We will not be covering the Needle Turn Applique method. Although it is a well-respected method and results in a lovely look, it does take a fair amount of practice to perfect this skill. Most modern quilters have switched to one of the four methods we will be covering in class.

If you choose any of the machine-stitched options, please bring a **sewing machine** in working order, or you may borrow one of the classroom Bernina machines. An open toe foot will give the best visibility for stitching.

For all methods, please bring a **basic sewing kit** containing:

- Pins
- Fabric shears
- Seam ripper
- Thread snips
- Paper scissors for cutting templates

The classroom is well equipped with irons and ironing boards, but you may want to bring your own iron and pressing surface as listed above.

If you plan to cut your background squares during class or cut your "peels" with a rotary cutter, you will need the following:

- Rotary cutter
- Acrylic ruler
- Cutting mat

Pressing boards will be available for sale during class.

Any questions??! Feel free to e-mail or call me. Looking forward to stitching with you!

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