

**Intro To Hand Applique  
(Starch & Freezer Paper Method)  
Student Supply List**

**Fabric:**

(Note: please select fabrics other than batiks as they do **not** work the best with this method of applique.)

- Assorted scraps for flower pot, stems, leaves and flower shapes:
  - flower pot - approx. 6x8"
  - stems - approx. 12x12"
  - leaves - approx. 4x4" (4)
  - heart, ovals and star - approx 6" each
- 19" square of fabric for background of pillow top

**Scissors:**

- Fabric shears
- Small, sharp scissors for trimming fabric and snipping thread
- Paper scissors

**Notions:**

- Freezer paper - a roll of Reynolds Freezer Paper (available in the laundry aisle at your grocery store) or sheets of quilters' freezer paper
- Thread in a neutral color or specific colors to match your fabric shapes – Aurifil 50 wt works well. We will be discussing additional thread options as well.
- Clover 3/8" Bias Tape Maker (fusible version is fine)
- Fine point permanent marker for tracing applique shapes onto freezer paper (**ultra fine point** Sharpie works well)
- Niagara or Faultless aerosol spray starch or Magic Sizing Ironing Spray (again, available in the laundry aisle at your grocery store). Best Press is **not** sufficient for this method.
- Roxanne Glue-Baste-It (I like the 1-ounce Easy Squeeze bottle), or applique pins
- Your favorite needlework thimble
- Small ruler or seam gauge
- Fabric marking pen or pencil
- Tailor's awl or seam ripper
- Needle threader (Clover Desk Needle Threader or ultra fine needle threader)
- Reading glasses if needed ☺

**Ironing Supplies:**

The Old Country Store classroom is well equipped with irons and ironing boards, but if you prefer to use an iron at your work station, feel free to bring a small iron and pressing board along for your personal use. I will have my favorite pressing boards available for sale.

**I will be collecting the \$5.00 kit fee from you the day of class. Cash, check, or Venmo is fine.**

**Kit contents:**

- Pattern
- Pattern shapes
- Milliner needles
- Toothpick
- paintbrush

Any questions? Feel free to e-mail or call me. Looking forward to stitching with you!

Andrea Hoke  
717-575-5098 (cell)  
andrea\_hoke@icloud.com